

St Michael's Parish

19 Hayling Rise
Worthing
West Sussex BN13 3AL



Parish Priest
Fr Chris Ingle 01903 264770
christopher.ingle@abdiocese.org.uk
Deacon
Rev Mark Woods 01903 877801
mark.woods@abdiocese.org.uk

Arundel & Brighton Diocesan Trust Charity
No. 252878

Parish Office: 01903 264770
Email: worthingstmichael@abdiocese.org.uk
Website: www.stmichaels-worthing.org.uk
Hall Hire: 01903 264770

English Martyrs Primary School:
Headteacher: Dr Helen Townsley
01903 502868

St Oscar Romero Catholic School:
Headteacher: Mr Pete Byrne
01903 241368

*Holy Michael, Archangel, defend us in the hour of battle,
be our safeguard against the wickedness and snares of the devil*

FOURTH SUNDAY IN ORDINARY TIME

31 JANUARY / 1 FEBRUARY 2026

Mass Times and Intentions for the week:

Saturday	6.00pm	Intention Sylvia Petty	St John Bosco, Priest
Sunday	9.30am	People of the Parish	Racial Justice Day Please join us for coffee after Mass
Monday	9.30am	Pam Gill RIP (SS)	The Presentation of the Lord, Candlemas
Tuesday	9.30am	Holy Communion Service	
Wednesday	9.30am	For all the intentions of Bishop Richard	Rosary after 9.30am Mass
Thursday	9.30am 10-11am	Healing for Donald, Xi, Susie, Vladimir & Charles (SC) Adoration	St Agatha, Virgin and Martyr
Friday	5.00pm	Heather Prescott RIP	St Paul Miki and Companions, Martyrs of Japan No morning Mass today
Saturday	6.00pm	People of the Parish	

Reconciliation: Saturday 5.15 – 5.45pm, Wednesday after Mass and on request.

Please pray for parishioners and loved ones who are sick: Gerry Price, Rusty Mallin, Sue Flynn, Sandra Holley, David Malandain, Samuel Bezarto, Sylvia Petty, Eileen Woodman, Pauline Nickolls, Glenis Attwell, Ve Soanes, Susan Pierce, Joanna J, Brian Pollard, Sandra Smith, Walter and Marie Hindle, Olga Kearney, Denis & Jackie Key, Kerry Thomson, Catherine Beviss, Pat Fitzpatrick, Dave Hall, Chris Romancheck, Alan Roberts, T L Mallillin, Tony Holley, Geoffrey Clark, Brian Johnstone, Susan B, Cathy H, Michael Lambe, Antoinette McLaughlin, Robert Gibson, Lucie Elliott, Leslie Sarcoe, Joan Nixon, Seamus Lardner, Anne Jewson, Joan Worthington, Mary Wilson, Janet Stephens, Terry Kilgallon.



For those who have died recently: Heather Prescott, Mike Donlevy, Libby Nutland, Anthony Scrivens, Mike Stanbridge, Gloria Saro Gonzalez, Catherine Dawbarn, Betsy Badminton, John Kingsbury, Ellen O'Hagan, **and for those whose anniversaries occur at this time:** Alan Johnstone, Frederic Hussey, John Kearney, Kathleen Foley, Katie Bett, Margaret Marshall, Toddy Kent, Michael Smyth, Michael Redding, Espedy Redding, Frank Riney, Thomas Hudson, Ivy Bevan, Anne Hudson, Margaret Kilgallon, Lena Porter, Betty Cunningham, Richard Hall.

Thank you for your generosity last weekend

LIVE STREAMING OF MASSES

Our weekend Masses and the Tuesday Holy Communion Service are being Live Streamed and Recorded. These are available for 7 days on our YouTube channel [St Michael's Catholic Church Worthing](#). Please note that you will appear in the live stream/recording if you are serving on or stand on the sanctuary/altar at any time or sit in the benches behind the reader's lectern. Please ensure you give consent

for any children visible in the recording by signing a parental consent form which can be found in the entrance foyer and on our [website](#). Please hand completed forms to Father Chris.

WELCOME TO ST MICHAEL'S

We have a car park at the rear of our church which you are encouraged to use, to keep good traffic access in Hayling Rise for our

neighbours, buses, and emergency vehicles. To protect our grass, **please do not park on the grassed areas during the winter months.** Please keep visibility on our driveway clear by not parking close to the entrance either on the driveway or on Hayling Rise.

CHILDREN'S LITURGY

Our Parish Safeguarding Representative advises that, in accordance with Diocesan guidelines, until we have DBS checked volunteers to run Children's Liturgy, then **a parent/guardian must attend with their child** and ensure they take responsibility for them during that time. Any parishioners who would like to join the liturgy rota, please speak to Fr Chris.

SAFEGUARDING MINISTRY

Just a reminder to us all of our safeguarding ministry and responsibility to our children, our young people and to those who are vulnerable here at St Michael's and within our communities. Our responsibility to value everyone and to support and protect them. Mrs Joanna Malandain is our Safeguarding Representative to help and to support us in this ministry and responsibility.

RACIAL JUSTICE SUNDAY – 1 FEBRUARY 2026

The theme for Racial Justice Sunday is: *"Whoever loves God must also love his brother"* (1 John 4:21): *Promoting Racial Justice in our Parishes*. Where racial justice is concerned, we must never tire of repeating what has been said before, though we always seek new ways to convey our message. Racial Justice Sunday 2026 is devoted to the promotion of racial justice in our Catholic parishes across England and Wales and society and an encouragement to be conscious of the need for justice in all its forms. In an increasingly tense climate, it is imperative that we listen to, and learn from, the experiences, challenges and opportunities encountered in the mission of promoting racial justice in Catholic parishes today. Our parishes should be places where we can all truly grow in ever-deeper knowledge and love of each other, ourselves and God. For further info see: <https://www.cbcew.org.uk/racial-justice-sunday/>

HEALING SERVICE

Healing Service after all Masses next weekend.

BISHOP RICHARD

We continue to keep Bishop Richard in our prayers and in our hearts as we give thanks for his wonderful ministry amongst as he prepares to take up his appointment as the Archbishop of Westminster.

FIRST HOLY COMMUNION PREPARATION

The first session for the children is on **Saturday 31 January** at 10am in the Hall, followed by their Mass on **Sunday 1 February** at 9.30am, as they begin to prepare to make their First Holy Communion on Sunday 7 June 2026. The next session of preparation will then be on **Saturday 14 February** at 10am in the Hall. The full programme can be viewed on our website in the Sacraments/Eucharist section [here](#).

CONFIRMATION

We warmly welcome our young people wishing to be Confirmed this year in Arundel Cathedral on **Sunday 5 July**, to the first preparation session here at St Michael's Hall on **Sunday 8 February**, 5-6.30pm. The full programme can be viewed on our website in the Sacraments/Confirmation section [here](#).

MIKE DONLEVY REST IN PEACE

Dear All, just a note to let you know that Mike Donlevy passed peacefully away on 21 January in Croft Meadow in Steyning as we pray for Mike. May his dear soul rest in the peace of the Lord, as we also pray for the Lord's comfort for all of Mike's family. Eternal rest

grant to Mike and let perpetual light shine on him, may he rest in peace. Mike's Funeral Mass is to be held on Monday 9 February, 12 noon at Christ the King, Steyning. Space is limited, please advise the Parish Office if you are planning to attend.

A & B LOURDES PILGRIMAGE 2026

Applications for our Lourdes Pilgrimage are open now! Is Our Lady calling you to Lourdes this summer? To find out more about our pilgrimage week, visit the diocesan website www.abdiocese.org.uk/lourdes

MENTAL HEALTH AWARENESS TRAINING

Saturday 7 February 10-3pm, St Philip Howard Centre, Crawley

One of the challenges that we are experiencing in our modern world is the growing number of people, of all ages, experiencing the darkness and challenge of various mental health conditions. Thanks to the support of Mental Health England, we are able to offer this training, to explore the realities, symptoms and impact of living with these many debilitating conditions. Thanks to the support of the trainer, we are able to highly subsidise the event. Tickets are now £40 per delegate (usual price £120). To register go to the Events page of the Diocesan website www.abdiocese.org.uk/diocese/events If you have any questions about this course, do not hesitate to contact Simon South, Marriage & Family Life Adviser at E: simon.south@abdiocese.org.uk

PARISH SUMMARY OF ACCOUNTS 2025

St Michael's Parish Finance Committee have prepared a summary of the Parish accounts for 2025. Copies are in the foyer or may be viewed on the 'Parish Life/Support Our Parish' section of our [website](#).

ST MICHAEL'S GOLDEN EGG MONTHLY DRAW 2026

Thank you to everyone who took part in the 2025 Golden Egg draw, you all helped to support St Michael's. It's now time to renew your subscription. If you haven't yet tried it, or are a 'lapsed' Golden Egger, why not join us? A mere £12 for the year gives you nine chances every year to win a £50 prize, whilst in April, August and December, it's a magnificent £100. A Standing Order for £12 for the year is the easiest way to pay, or by cash, or cheque. With many apologies to those who have already kindly set up a STO. We have had to close the Draw Account, due to increased bank charges being levied on us, the new account details you will need are on the form in the repository and on our website on the 'Parish Life/Support Our Parish' section of our [website](#). With very many thanks indeed for all your support.

ST MICHAEL'S CHURCH SHOP

We would like to thank everyone for supporting St. Michael's Church Shop over the past year. All profits from the Church shop sales support St Michael's Parish. With many thanks, Adrian, Christine and Maureen.

RTU – SPRING SALE

If anyone has any unwanted Christmas presents, chocolates or bottles of alcohol to donate please place under Elijah's jar for an RTU Spring sale. Date to be arranged. Contact Jenny 07709506199 for collections.

SVP SALE

On **Saturday 7 February** the SVP will be holding a Bric a Brac Sale in the Hall from 10am to 1pm, and before and after weekend Masses. All welcome, proceeds to SVP.

RETIRING COLLECTION

No retiring collection this weekend. Next weekend the retiring collection is for the Arundel & Brighton Lourdes Pilgrimage Fund and is eligible for Gift Aid.

Scan this code to make an Offertory, General or 'second collection' donation to St Michael's



