

St Michael's Parish

19 Hayling Rise
Worthing
West Sussex BN13 3AL



Parish Priest

Fr Chris Ingle 01903 264770
christopher.ingle@abdiocese.org.uk

Deacon

Rev Mark Woods 01903 877801
mark.woods@abdiocese.org.uk

Arundel & Brighton Diocesan Trust Charity
No. 252878

Parish Office: 01903 264770

Email: worthingstmichael@abdiocese.org.uk

Website: www.stmichaels-worthing.org.uk

Hall Hire: 01903 264770

English Martyrs Primary School:
Headteacher: Dr Helen Townsley
01903 502868

St Oscar Romero Catholic School:
Headteacher: Mr Pete Byrne
01903 241368

*Holy Michael, Archangel, defend us in the hour of battle,
be our safeguard against the wickedness and snares of the devil*

FIRST SUNDAY OF LENT

21/22 FEBRUARY 2026

Mass Times and Intentions for the week:

Saturday	6.00pm	Finn & Aedam Dzekawong	
Sunday	9.30am 4.00pm	Christina Spanton RIP (LMG) Exposition & Benediction	<i>Please join us for coffee after Mass</i>
Monday	9.30am	Mai Healy RIP (AM)	
Tuesday	9.30am	Holy Communion Service	
Wednesday	9.30am	Christina Spanton RIP (CC)	<i>Rosary after 9.30am Mass</i>
Thursday	9.30am 10-11am	People of the Parish Adoration	
Friday	9.30am 6.00pm	Ursula Dawe RIP Stations of the Cross	CAFOD Lent Fast Day
Saturday	6.00pm	Ken Scurry RIP (FS)	

Reconciliation: Saturday 5.15 – 5.45pm, Wednesday after Mass and on request.

Please pray for parishioners and loved ones who are sick: Nigel Steele, Rusty Mallin, Sue Flynn, Sandra Holley, David Malandain, Samuel Bezarto, Sylvia Petty, Eileen Woodman, Pauline Nickolls, Glenis Attwell, Ve Soanes, Susan Pierce, Joanna J, Brian Pollard, Sandra Smith, Walter and Marie Hindle, Denis & Jackie Key, Kerry Thomson, Catherine Beviss, Pat Fitzpatrick, Dave Hall, Chris Romanchek, Alan Roberts, T L Mallillin, Tony Holley, Geoffrey Clark, Brian Johnstone, Susan B, Cathy H, Michael Lambe, Antoinette McLaughlin, Robert Gibson, Lucie Elliott, Leslie Sarcoe, Joan Nixon, Seamus Lardner, Anne Jewson, Joan Worthington, Mary Wilson, Janet Stephens, Terry Kilgallon.



For those who have died recently: Genny Rodemark, Nigel Ogden, Heather Prescott, Mike Donlevy, Libby Nutland, Anthony Scrivens, Mike Stanbridge, Gloria Saro Gonzalez, Catherine Dawbarn, Betsy Badminton, **and for those whose anniversaries occur at this time:** John Eames, Pat Greaves, Mark Raphael, Mrs E Cox, Christina Young, Dorothy Daniel, Margaret Knowler, Mary Usher, Margaret Cohen, Vera Jarman, Adam Stewart, Eileen Gaffney, Christina Spanton, Tony and Breda Dalton, Paddy Boyle, Ken Scurry, Margaret McCormack, Mary Keenan.

Thank you for your generosity last weekend

RTU: £30

LIVE STREAMING OF MASSES

Our weekend Masses and the Tuesday Holy Communion Service are being Live Streamed and Recorded. These are available for 7 days on our YouTube channel [St Michael's Catholic Church Worthing](#). Please note that you will appear in the live stream/recording if you are serving on or stand on the sanctuary/altar at any time or sit in the benches behind the

reader's lectern. Please ensure you give consent for any children visible in the recording by signing a parental consent form which can be found in the entrance foyer and on our [website](#). Please hand completed forms to Father Chris.

WELCOME TO ST MICHAEL'S

We have a car park at the rear of our church which you are

encouraged to use, to keep good traffic access in Hayling Rise for our neighbours, buses, and emergency vehicles. To protect our grass, **please do not park on the grassed areas during the winter months**. Please keep visibility on our driveway clear by not parking close to the entrance either on the driveway or on Hayling Rise.

CHILDREN'S LITURGY

Our Parish Safeguarding Representative advises that, in accordance with Diocesan guidelines, until we have DBS checked volunteers to run Children's Liturgy, then a **parent/guardian must attend with their child** and ensure they take responsibility for them during that time. Any parishioners who would like to join the liturgy rota, please speak to Fr Chris.

SAFEGUARDING MINISTRY

Just a reminder to us all of our safeguarding ministry and responsibility to our children, our young people and to those who are vulnerable here at St Michael's and within our communities. Our responsibility to value everyone and to support and protect them. Mrs Joanna Malandain is our Safeguarding Representative to help and to support us in this ministry and responsibility.

RITE OF ELECTION AT ARUNDEL CATHEDRAL

This weekend we pray so specially for Chris, for Anthony, for Carl and Denise as they celebrate the Rite of Election in Arundel Cathedral, with so many gathered from parishes across the Diocese. As Anthony is soon to be Baptised at Easter, and Chris and Carl to be Received into Full Communion and Denise to receive the Sacrament of Confirmation.

DEACON MARK

He will not be around for February and early March. He will be back for the end of Lent and Easter.

FIRST HOLY COMMUNION PREPARATION

The next session of preparation will be on **Saturday 28 February** at 10am in the Hall, followed by 9.30am Mass on **Sunday 1 March**. The full programme can be viewed on our website in the Sacraments/Eucharist section [here](#).

CONFIRMATION

Following the Liturgy of Enrolment at St Catherine's Littlehampton, on **Friday 20 February** at 7.00pm, the next Confirmation meeting, for our young people preparing to be Confirmed this year in Arundel Cathedral, is on **Sunday 8 March** from 5pm to 6.30pm in the Hall. The full St Michael's Confirmation programme can be viewed on our website in the Sacraments/Confirmation section [here](#).

CAFOD LENT SOUP LUNCH

This Lent if you would like to join together with others in our parish in raising money for CAFOD, every Wednesday we will be sharing a simple soup lunch at 12.15pm in the church hall from **25 February**.

CAFOD FAMILY FAST DAY - 27 February 2026

This Lent, live out the Gospel call to love your neighbour. By fasting and giving what you save, you join in Christ's compassion and help another family put food on the table. Your donation can help families around the world grow food in difficult conditions – such as on flood-resistant floating gardens or using solar-powered water pumps in times of drought. Collect a CAFOD envelope to bless others with your support, donate online at cafod.org.uk/envelope or call 0303 303 3030. Text CAFODLENT to 70085 to donate £10.



VISIT FROM WORLD APOSTOLATE OF FATIMA

Saturday 7 March, 09.45 until 16.45

St Peter's Church, Shoreham-by-Sea, BN43 5WG

National Pilgrim Virgin Statue of Our Lady of Fatima, along with relics of Saints Jacinta and Francisco. The day includes a procession and mass, prayer, veneration of relics, adoration and video presentation. There will be items for sale, and you are welcome to all or part of the day. (Tea/coffee available; please bring a packed lunch) Email: adurvalley@abdiocese.org.uk for more information or visit the website here: <https://www.worldfatima-englandwales.org.uk/the-first-five-saturdays-devotion-explained>

Adrian IV (c.1100–1159), The Only English Pope, a Friends of Arundel Cathedral talk by Adrian Waddingham CBE, 14 March, 3pm, Cathedral Centre, London Rd, Arundel.

Join a fascinating talk about the only English Pope, discover what he accomplished and the changes he made. Cost: £10-15.

To book your place click here:

www.tickettailor.com/events/friendsofarundelcathedral/2048235

GRANDPARENTS' FORMATION DAY – Thursday 23 April, 10-4pm at St John the Evangelist parish hall, Horsham

Join us for what promises to be a wonderful, engaging and affirming day with guest speaker, David Wells. You will be able to listen to the inspirational experience of David Wells as evangelist, father and grandfather. A chance to meet with people from across the grandparent network of the diocese and those who are keen to bring the faith to the next generation. For more details on David's powerful, fun and engaging talks on our faith you might like to visit his website W: davidwellslive.com To register, go to the Events page of the Diocesan website

www.abdiocese.org.uk/diocese/events If you have any questions about the day please contact Deacon Simon South, Diocesan Marriage & Family Life Adviser E: simon.south@abdiocese.org.uk

ST MICHAEL'S GOLDEN EGG 2026

Congratulations to our winners of the October, November and December Draws, which brings our 2025 Golden Egg to a close:

October: D O'Hagan won £50.00, November: R McGuire won £50.00, December: P Joyce won £100.00.

Thank you all for your continued support. If you would like to join the Golden Egg for 2026, registration forms can be found in the church foyer. You have until the end of March to register, as we will be doing the first three months draws then, to allow for new members to sign up. The annual cost stays at only £12. This gives you nine chances to win the **monthly £50 prize**, whilst in April, August, and December, it's a magnificent **£100**. You've got to be 'in it to win it'.

If you haven't yet given it a try, or are a 'lapsed' Golden Egger, why not join us? After all, it is a mere £1 a month but, with so many members, it really does help to support your church. If you need help with anything my contact details are:

email goldenegg.worthingstmichaels@abdiocese.org.uk

Or, put a note in Pigeon Hole, in the repository at St Michaels Church with the letter **G** for Golden Egg, or by post to Golden Egg, St Michaels RC Church, 19 Hayling Rise, Worthing, BN13 3AL
God bless, Katharine R

RETIRING COLLECTION

No retiring collection this weekend. CAFOD Lent Fast Day envelopes will be collected as you leave Mass next weekend.

Scan this code to make an Offertory, General or 'second collection' donation to St Michael's

