

# St Michael's Parish

19 Hayling Rise  
Worthing  
West Sussex BN13 3AL



## Parish Priest

Fr Chris Ingle 01903 264770  
christopher.ingle@abdiocese.org.uk

## Deacon

Rev Mark Woods 01903 877801  
mark.woods@abdiocese.org.uk

Arundel & Brighton Diocesan Trust Charity  
No. 252878

**Parish Office:** 01903 264770

**Email:** worthingstmichael@abdiocese.org.uk

**Website:** www.stmichaels-worthing.org.uk

**Hall Hire:** 01903 264770

**English Martyrs Primary School:**  
Headteacher: Dr Helen Townsley  
01903 502868

**St Oscar Romero Catholic School:**  
Headteacher: Mr Pete Byrne  
01903 241368

*Holy Michael, Archangel, defend us in the hour of battle,  
be our safeguard against the wickedness and snares of the devil*

## THIRD SUNDAY OF LENT

**7/8 MARCH 2026**

Mass Times and Intentions for the week:

Saturday	6.00pm	Gerry Loney RIP (MA)	
Sunday	9.30am	People of Parish	<i>Please join us for coffee after Mass</i>
Monday	9.30am	Deirdre Hussey RIP 1 <sup>st</sup> Anniv (AA)	
Tuesday	9.30am	Holy Communion Service	
Wednesday	9.30am	Int. Daniel & Thomas Baird (RB)	<i>Rosary after 9.30am Mass</i>
Thursday	9.30am 10-11am	Int. St Oscar Romero Catholic School Children and Teachers (RB) Adoration	
Friday	9.30am 6.00pm	Nigel Steele RIP Stations of the Cross	
Saturday	6.00pm	Int. Finn & Aedam Dzekawong (JD)	

**Reconciliation:** Saturday 5.15 – 5.45pm, Wednesday after Mass and on request.

### Please pray for parishioners and loved ones who are

**sick:** Sylvia Dickenson, Fr Tony Bridson, Bishop of Guildford, Nigel Steele, Rusty Mallin, Sue Flynn, Sandra Holley, David Malandain, Samuel Bezarto, Sylvia Petty, Eileen Woodman, Pauline Nickolls, Glenis Attwell, Ve Soanes, Susan Pierce, Joanna J, Brian Pollard, Sandra Smith, Walter and Marie Hindle, Denis & Jackie Key, Kerry Thomson, Catherine Beviss, Dave Hall, Chris Romanchek, Alan Roberts, T L Mallillin, Tony Holley, Geoffrey Clark, Brian Johnstone, Susan B, Cathy H, Michael Lambe, Antoinette McLaughlin, Robert Gibson, Lucie Elliott, Leslie Sarcoe, Joan Nixon, Seamus Lardner, Anne Jewson, Joan Worthington, Mary Wilson, Janet Stephens, Terry Kilgallon.



**For those who have died recently:** Nigel Steele, Brian Pierce, Pat Fitzpatrick, Genny Rodemark, Nigel Ogden, Heather Prescott, Mike Donlevy, Libby Nutland, Anthony Scrivens, Mike Stanbridge, **and for those whose anniversaries occur at this time:** Pitus, Francis, Philomena, Lorain Auggie, Lewis & Gabriel, Cecilia Donlevy, Rex and Gloria Atkinson, Joyce Bowen, Deirdre Hussey, Constance Webb, Bridget & Francis Cunningham, Margaret Wheeler, Doris Symons, Marie Sutcliffe, David Curtis, Brian Roberts, Catherine McGoohan.

## Thank you for your generosity last weekend

2nd Coll(CAFOD Fast Day): £687 Pound a Week: £10

**Thank you for your generosity to the Parish in February**

Offertory (Standing Order, Cash & Contactless): £3,307 General Donations: £259

### LIVE STREAMING OF MASSES

Our weekend Masses and the Tuesday Holy Communion Service are being Live Streamed and Recorded. These are available for 7 days on our YouTube channel [St Michael's Catholic Church](#)

[Worthing](#). Please note that you will appear in the live stream/recording if you are serving on or stand on the sanctuary/altar at any time or sit in the benches behind the reader's lectern. Please ensure you give consent for any children

visible in the recording by signing a parental consent form which can be found in the entrance foyer and on our [website](#). Please hand completed forms to Father Chris.

### WELCOME TO ST MICHAEL'S

We have a car park at the rear of our church which you are encouraged to use, to keep good traffic access in Hayling Rise for our neighbours, buses, and emergency vehicles. To protect our grass, **please do not park on the grassed areas during the winter months**. Please keep visibility on our driveway clear by not parking close to the entrance either on the driveway or on Hayling Rise.

### CHILDREN'S LITURGY

Our Parish Safeguarding Representative advises that, in accordance with Diocesan guidelines, until we have DBS checked volunteers to run Children's Liturgy, then a **parent/guardian must attend with their child** and ensure they take responsibility for them during that time. Any parishioners who would like to join the liturgy rota, please speak to Fr Chris.

### SAFEGUARDING MINISTRY

Just a reminder to us all of our safeguarding ministry and responsibility to our children, our young people and to those who are vulnerable here at St Michael's and within our communities. Our responsibility to value everyone and to support and protect them. Mrs Joanna Malandain is our Safeguarding Representative to help and to support us in this ministry and responsibility.

### HEALING SERVICE

Healing service after all Masses this weekend.

### FIRST HOLY COMMUNION PREPARATION

The next session of preparation will be on **Saturday 21 March** at 10am in the Hall, followed by 9.30am Mass on **Sunday 22 March**. The full programme can be viewed on our website in the Sacraments/Eucharist section [here](#).

### CONFIRMATION

The next Confirmation meeting, for our young people preparing to be Confirmed this year in Arundel Cathedral, is on **Sunday 8 March** from 5pm to 6.30pm in the Hall. The full St Michael's Confirmation programme can be viewed on our website in the Sacraments/Confirmation section [here](#).

### PARISH LENT RECONCILIATION SERVICE

We warmly invite you to our Parish Lent Reconciliation Service on **Palm Sunday, 29 March** at 3pm. For dates of the other Lent Reconciliation Services in the Worthing Deanery, please see the notice by the water stoop.

### CAFOD LENT SOUP LUNCH

This Lent if you would like to join together with others in our parish in raising money for CAFOD, every Wednesday we will be sharing a simple soup lunch at 12.15pm in the church hall.

### CAFOD FAMILY FAST DAY - Thank you from CAFOD

Thank you for your generous support this Family Fast Day – your kindness is helping families like Shorai's in Zimbabwe and Rejoice's in South Sudan grow food, even in the face of drought and floods. You have shown what it means to love your neighbour this Lent – fasting, praying and giving so families can put food on the table. Find out how your donations are helping to build a better world at [cafod.org.uk/thankyou](http://cafod.org.uk/thankyou) PS **It's not too late to donate** – pick up a CAFOD envelope in church or visit [cafod.org.uk/envelope](http://cafod.org.uk/envelope)



### FRIENDS OF ARUNDEL CATHEDRAL

**Adrian IV (c.1100–1159), The Only English Pope,**

**a Friends of Arundel Cathedral talk by Adrian Waddingham CBE**  
The Friends of Arundel Cathedral invite you to join them on **Saturday 14 March**, 3pm, in the Cathedral Centre, London Rd, Arundel. Join a fascinating talk about the only English Pope, discover what he accomplished and the changes he made. Talk followed by refreshments. Doors open 2.30pm. Cost: £10 Friends members, £15 for Non-members. Tickets available at the door by cash/credit/debit card.

For more information and to book your place click here:

[www.tickettailor.com/events/friendsofarundelcathedral/2048235](http://www.tickettailor.com/events/friendsofarundelcathedral/2048235)

### GRANDPARENTS' FORMATION DAY – Thursday 23 April, 10-4pm at St John the Evangelist parish hall, Horsham

Join us for what promises to be a wonderful, engaging and affirming day with guest speaker, David Wells. You will be able to listen to the inspirational experience of David Wells as evangelist, father and grandfather. A chance to meet with people from across the grandparent network of the diocese and those who are keen to bring the faith to the next generation. For more details on David's powerful, fun and engaging talks on our faith you might like to visit his website W: [davidwellslive.com](http://davidwellslive.com) To register, go to the Events page of the Diocesan website [www.abdiocese.org.uk/diocese/events](http://www.abdiocese.org.uk/diocese/events) If you have any questions about the day please contact Deacon Simon South, Diocesan Marriage & Family Life Adviser E: [simon.south@abdiocese.org.uk](mailto:simon.south@abdiocese.org.uk)

### PARISH CEILIDH – Saturday 21 March

Dear Parishioners, we are having a social evening for all the parish on **Saturday 21 March** from 7.30pm to 10pm in the Parish Hall. Tickets £5 each. Children over 12 welcome, £2.50 each. Please feel free to bring your own snacks and drinks. Owing to Health and Safety policy, numbers are limited to 75. Tickets on sale after Masses this weekend, on a first come first served basis. Music will be provided by our resident DJ, Fr Chris. Richard C and his fellow musicians will play throughout the evening. *Queries to Jo 692866 or Frances 695211.*

### ST MICHAEL'S GOLDEN EGG 2026

If you would like to join the Golden Egg for 2026, registration forms can be found in the church foyer. You have until the end of March to register, as we will be doing the first three months draws then, to allow for new members to sign up. The annual cost stays at only £12. This gives you nine chances to win the **monthly £50 prize**, whilst in April, August, and December, it's a magnificent **£100**. If you need help with anything my contact details are: email [goldenegg.worthingstmichaels@abdiocese.org.uk](mailto:goldenegg.worthingstmichaels@abdiocese.org.uk) or, put a note in Pigeon Hole, in the repository at St Michaels Church with the letter **G** for Golden Egg, or by post to Golden Egg, St Michaels RC Church, 19 Hayling Rise, Worthing, BN13 3AL  
*God bless, Katharine R*

### LENTEN ALMS

There will be a basket available during the Season of Lent for those who wish to contribute Lenten Alms. The proceeds are sent to the contemplative orders of women in the Diocese.

### RETIRING COLLECTION

This weekend the retiring collection is to support parishioners of St Michael's attending the Diocesan Lourdes Pilgrimage. No retiring collection next weekend.

Scan this code to make an Offertory, General or 'second collection' donation to St Michael's

