

# St Michael's Parish

19 Hayling Rise  
Worthing  
West Sussex BN13 3AL



**Parish Priest**  
Fr Chris Ingle 01903 264770  
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**Deacon**  
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Arundel & Brighton Diocesan Trust Charity  
No. 252878

**Parish Office:** 01903 264770  
**Email:** worthingstmichael@abdiocese.org.uk  
**Website:** www.stmichaels-worthing.org.uk  
**Hall Hire:** 01903 264770

**English Martyrs Primary School:**  
Headteacher: Dr Helen Townsley  
01903 502868

**St Oscar Romero Catholic School:**  
Headteacher: Mr Pete Byrne  
01903 241368

*Holy Michael, Archangel, defend us in the hour of battle,  
be our safeguard against the wickedness and snares of the devil*

## FIFTH SUNDAY OF LENT

**21/22 MARCH 2026**

Mass Times and Intentions for the week:

Saturday	6.00pm	Amelia Bath RIP & Family	
Sunday	9.30am	People of Parish	<i>Please join us for coffee after Mass</i>
Monday	9.30am	Camilo Espiritu & Maura Espiritu RIP (MK)	
Tuesday	9.30am	Holy Communion Service	
Wednesday	9.30am	Int. of Froude Family (MF)	<b>The Annunciation of the Lord</b> <i>Rosary after 9.30am Mass</i>
Thursday	10-11am 11.00am	Adoration Funeral of Nigel Steele	<i>No Morning Mass today</i>
Friday	10.30am 6.00pm	Funeral of Brian Pierce Stations of the Cross	<i>No Morning Mass today</i>
Saturday	6.00pm	Canon Francis Leo Mooney RIP (LK)	

**Reconciliation:** Saturday 5.15 – 5.45pm, Wednesday after Mass and on request.

**Please pray for parishioners and loved ones who are sick:** Linda McGuinness, Norma Patterson, Bernard Markham, Sylvia Dickenson, Fr Tony Bridson, Rusty Mallin, Sue Flynn, Sandra Holley, David Malandain, Samuel Bezants, Sylvia Petty, Eileen Woodman, Pauline Nickolls, Glenis Attwell, Susan Pierce, Joanna J, Brian Pollard, Sandra Smith, Walter and Marie Hindle, Denis & Jackie Key, Kerry Thomson, Catherine Beviss, Dave Hall, Chris Romanchek, Alan Roberts, T L Mallillin, Tony Holley, Geoffrey Clark, Brian Johnstone, Susan B, Cathy H, Michael Lambe, Antoinette McLaughlin, Robert Gibson, Lucie Elliott, Leslie Sarcoe, Joan Nixon, Seamus Lardner, Anne Jewson, Joan Worthington, Mary Wilson, Janet Stephens, Terry Kilgallon.



**For those who have died recently:** Bishop of Guildford, Amelia Bath, Nigel Steele, Brian Pierce, Pat Fitzpatrick, Genny Rodemark, Nigel Ogden, Heather Prescott, Mike Donlevy, Libby Nutland, Anthony Scrivens, Mike Stanbridge, **and for those whose anniversaries occur at this time:** Nora Bryant, Peter Wyatt, Eunice Rossi, Pattie Donnelly, Sheila Kennedy, Edward Sullivan, Rose Mulvenna, Jim White.

**Thank you for your generosity last weekend**  
**2nd Coll(SOR School Philippines): £739 RTU: £49.05**

### LIVE STREAMING OF MASSES

Our weekend Masses and the Tuesday Holy Communion Service are being Live Streamed and Recorded. These are available for 7 days on our YouTube channel [St Michael's Catholic Church Worthing](#). Please note that you will appear in the live stream/recording if you are serving on or stand on the sanctuary/altar at any time or sit in the benches behind the reader's lectern. Please ensure you give consent for any

children visible in the recording by signing a parental consent form which can be found in the entrance foyer and on our [website](#). Please hand completed forms to Father Chris.

### WELCOME TO ST MICHAEL'S

We have a car park at the rear of our church which you are encouraged to use, to keep good traffic access in Hayling Rise for our neighbours,

buses, and emergency vehicles. To protect our grass, **please do not park on the grassed areas during the winter months**. Please keep visibility on our driveway clear by not parking close to the entrance either on the driveway or on Hayling Rise.

#### CHILDREN'S LITURGY

Our Parish Safeguarding Representative advises that, in accordance with Diocesan guidelines, until we have DBS checked volunteers to run Children's Liturgy, then a **parent/guardian must attend with their child** and ensure they take responsibility for them during that time. Any parishioners who would like to join the liturgy rota, please speak to Fr Chris.

#### SAFEGUARDING MINISTRY

Just a reminder to us all of our safeguarding ministry and responsibility to our children, our young people and to those who are vulnerable here at St Michael's and within our communities. Our responsibility to value everyone and to support and protect them. Mrs Joanna Malandain is our Safeguarding Representative to help and to support us in this ministry and responsibility.

#### FIRST HOLY COMMUNION PREPARATION

The next session of preparation will be on **Saturday 21 March** at 10am in the Hall, followed by 9.30am Mass on **Sunday 22 March**. The following session of preparation will be on **Saturday 28 March** at 10am in the Hall, followed by a Service of Reconciliation at 11am. The full programme can be viewed on our website in the Sacraments/Eucharist section [here](#).

#### CONFIRMATION

The next Confirmation meeting, for our young people preparing to be Confirmed this year in Arundel Cathedral, is on **Sunday 19 April** from 5pm to 6.30pm in the Hall. The full St Michael's Confirmation programme can be viewed on our website in the Sacraments/Confirmation section [here](#).

#### EXPOSITION AND BENEDICTION

Exposition and Benediction next **Sunday 29 March**, 4-5pm.

#### PARISH LENT RECONCILIATION SERVICE

We warmly invite you to our Parish Lent Reconciliation Service on **Palm Sunday, 29 March** at 3pm. For dates of the other Lent Reconciliation Services in the Worthing Deanery, please see the notice by the water stoop.

#### CAFOD LENT SOUP LUNCH

This Lent if you would like to join together with others in our parish in raising money for CAFOD, every Wednesday we will be sharing a simple soup lunch at 12.15pm in the church hall.

#### BEREAVEMENT CAFÉ AND STATIONS OF THE CROSS

Stations of the Cross for the Bereaved will take place at 2.30pm on **Wednesday 25 March** followed by tea and cake in the hall. It is an opportunity for anyone who has suffered loss to meet with others. All welcome.

#### MEAL OF PREPARATION

Please join us on **Monday 30 March** for an evening of prayer and reflection followed by a meal in preparation for the Three Days of Holy Week, Easter Vigil and Easter Sunday. Starts 6pm in the Parish Hall. All welcome. Vegetarian option available. Please let Deacon Mark know if you wish to attend.

#### EASTER POSTERS – KSC

The Knights of St Columba are once again pleased to provide Holy Week Posters, please feel free to take one and display as you wish.

#### NEW WORTHING PARISH

The planning for our new Worthing Parish continues. For the latest information visit the link on our website home page or visit [www.catholicparishofworthingandlancing.co.uk/our-new-parish/](http://www.catholicparishofworthingandlancing.co.uk/our-new-parish/)

#### ST OSCAR ROMERO'S MISSIONARY TRIP TO THE PHILIPPINES SIXTH FORM STUDENT'S APPEAL – THANK YOU

Following his appeal at Masses last weekend Zandah writes:

Dear St Michael's Parish, I am beyond humbled by your loving and generous donations. I pray that you all truly understand the wonders and endless opportunities this parish will bring for those in poverty. I never expected this level of support. Thank you, servants of God. On behalf of St Oscar Romero School - we are so grateful and will remember your generosity. Praise God for your hearts. On behalf of ANCOF - your kind offerings will bring about a better world and will brighten the lives of those living in the dark abundantly. God bless you all. Thank you.

#### EASTER FUNDRAISING

From this weekend, **21/22 March** there will be raffle tickets and Easter items on sale, proceeds to Parish funds. Raffle to be drawn after 9.30am Palm Sunday Mass. Payment may be made in cash, or by card either using the card reader in the foyer or via the donate button on our website.

#### ST MICHAEL'S MEN CURRY AND FISH AND CHIP NIGHT

Men's Curry and Fish and Chip night at St Michael's, all men of the parish are welcome to join us in the Hall at 19.00, **Friday 17 April**. Bring your own favourite drink. If you would like to come please contact Richard McGuire, 07584733049, email [richard.g.mcguire1973@gmail.com](mailto:richard.g.mcguire1973@gmail.com)

#### DATE FOR YOUR DIARY – RTU SALE AND SOCIAL

We will be holding a sale to raise funds for RTU before and after masses on the weekend of **23/24 May**. Also, after mass on **Saturday 23 May**, we will be holding a wine and cheese evening, tickets will be available nearer the time at £5 each, includes a glass of wine and snacks. There will be hand made RTU goods on sale.

Donations for the tombola of bottles, chocolates and new items for the stall would be appreciated. Contact Jenny 07709506199

#### ST MICHAEL'S GOLDEN EGG 2026

If you would like to join the Golden Egg for 2026, registration forms can be found in the church foyer. You have until the end of March to register, as we will be doing the first three months draws then, to allow for new members to sign up. The annual cost stays at only £12. This gives you nine chances to win the **monthly £50 prize**, whilst in April, August, and December, it's a magnificent **£100**. If you need help with anything my contact details are:

email [goldenegg.worthingstmichaels@abdiocese.org.uk](mailto:goldenegg.worthingstmichaels@abdiocese.org.uk)

or, put a note in Pigeon Hole, in the repository at St Michaels Church with the letter **G** for Golden Egg, or by post to Golden Egg, St Michaels RC Church, 19 Hayling Rise, Worthing, BN13 3AL

*God bless, Katharine R*

#### LENTEN ALMS

There will be a basket available during the Season of Lent for those who wish to contribute Lenten Alms. The proceeds are sent to the contemplative orders of women in the Diocese.

#### RETIRING COLLECTION

No retiring collection this weekend or next.

Scan this code to make an Offertory, General or 'second collection' donation to St Michael's

