

St Michael's Parish

19 Hayling Rise
Worthing
West Sussex BN13 3AL



Parish Priest

Fr Chris Ingle 01903 264770
christopher.ingle@abdiocese.org.uk

Deacon

Rev Mark Woods 01903 877801
mark.woods@abdiocese.org.uk

Arundel & Brighton Diocesan Trust Charity
No. 252878

Parish Office: 01903 264770

Email: worthingstmichael@abdiocese.org.uk

Website: www.stmichaels-worthing.org.uk

Hall Hire: 01903 264770

English Martyrs Primary School:
Headteacher: Dr Helen Townsley
01903 502868

St Oscar Romero Catholic School:
Headteacher: Mr Pete Byrne
01903 241368

*Holy Michael, Archangel, defend us in the hour of battle,
be our safeguard against the wickedness and snares of the devil*

PALM SUNDAY

28/29 MARCH 2026

Mass Times and Intentions for the week:

Saturday	6.00pm	Canon Francis Leo Mooney RIP (LK)	
Sunday	9.30am 3.00pm	People of the Parish Service of Reconciliation with Exposition, followed by Benediction	Palm Sunday of the Passion of the Lord <i>You are welcome to coffee after Mass.</i>
Monday	9.30am	Richard Cooper RIP	
Tuesday	9.30am	Holy Communion Service	
Wednesday	9.30am	Pat Fitzpatrick RIP & family	<i>Rosary after 9.30am Mass</i>
Maundy Thursday	9.30am 7.30pm	Morning Prayer Peter Wyatt RIP (IW)	Mass of the Lord's Supper followed by <i>Adoration of the Blessed Sacrament from 8.30pm to 9.30pm with Night Prayer (Compline)</i>
Good Friday	9.30am 10.00am 11.00am 3.00pm	Morning Prayer Walk of Witness Children's Stations of the Cross Good Friday Service	<i>A day of Fasting and Abstinence</i> Solemn Liturgy of the Lord's Passion (Collection for the Holy Places)
Holy Saturday	9.30am 8.15pm	Morning Prayer Intention of Linda McGuinness (UP)	The Solemn Vigil of Easter

Reconciliation: Saturday 5.15 – 5.45pm, Wednesday after Mass and on request.

Please pray for parishioners and loved ones who are sick: Linda McGuinness, Norma Patterson, Bernard Markham, Sylvia Dickenson, Fr Tony Bridson, Rusty Mallin, Sue Flynn, Sandra Holley, David Malandain, Samuel Bezants, Sylvia Petty, Eileen Woodman, Pauline Nickolls, Glenis Attwell, Susan Pierce, Joanna J, Brian Pollard, Sandra Smith, Walter and Marie Hindle, Denis & Jackie Key, Kerry Thomson, Catherine Beviss, Dave Hall, Chris Romanchek, Alan Roberts, T L Mallillin, Tony Holley, Geoffrey Clark, Brian Johnstone, Susan B, Cathy H, Michael Lambe, Antoinette McLaughlin, Robert Gibson, Lucie Elliott, Leslie Sarcoe, Joan Nixon, Seamus Lardner, Anne Jewson, Joan Worthington, Mary Wilson, Janet Stephens, Terry Kilgallon.



For those who have died recently: Elaine Carter, Bishop of Guildford, Amelia Bath, Nigel Steele, Brian Pierce, Pat Fitzpatrick, Genny Rodemark, Nigel Ogden, Heather Prescott, Mike Donlevy, Libby Nutland, Anthony Scrivens, Mike Stanbridge, **and for those whose anniversaries occur at this time:** Leonard Ash, Dayana de Silva, Thomas Boddy, Ian Penny, Fr Luciano Fulvi, Bridget O'Toole, Tommy Doyle.

Thank you for your generosity last weekend

Pound a Week: £25

LIVE STREAMING OF MASSES

Our weekend Masses and the Tuesday Holy Communion Service are being Live Streamed and Recorded. These are available for 7 days on our YouTube channel [St Michael's Catholic Church Worthing](#). Please note that you will appear in the live stream/recording if you are serving on or stand on the sanctuary/altar at any time or sit in the benches behind the reader's lectern. Please ensure you give consent for any children visible in the recording by signing a parental consent form which can be found in the entrance foyer and on our [website](#). Please hand completed forms to Father Chris.

WELCOME TO ST MICHAEL'S

We have a car park at the rear of our church which you are encouraged to use, to keep good traffic access in Hayling Rise for our neighbours, buses, and emergency vehicles. To protect our grass, **please do not park on the grassed areas during the winter months**. Please keep visibility on our driveway clear by not parking close to the entrance either on the driveway or on Hayling Rise.

CHILDREN'S LITURGY

Our Parish Safeguarding Representative advises that, in accordance with Diocesan guidelines, until we have DBS checked volunteers to run Children's Liturgy, then **a parent/guardian must attend with their child** and ensure they take responsibility for them during that time. Any parishioners who would like to join the liturgy rota, please speak to Fr Chris.

SAFEGUARDING MINISTRY

Just a reminder to us all of our safeguarding ministry and responsibility to our children, our young people and to those who are vulnerable here at St Michael's and within our communities. Our responsibility to value everyone and to support and protect them. Mrs Joanna Malandain is our Safeguarding Representative to help and to support us in this ministry and responsibility.

FIRST HOLY COMMUNION PREPARATION

The next session of preparation will be on **Saturday 28 March** at 10am in the Hall, followed by a Service of Reconciliation at 11am. The full programme can be viewed on our website in the Sacraments/Eucharist section [here](#).

CONFIRMATION

The next Confirmation meeting, for our young people preparing to be Confirmed this year in Arundel Cathedral, is on **Sunday 19 April** from 5pm to 6.30pm in the Hall. The full St Michael's Confirmation programme can be viewed on our website in the Sacraments/Confirmation section [here](#).

PARISH LENT RECONCILIATION SERVICE

We warmly invite you to our Parish Lent Reconciliation Service on **Palm Sunday, 29 March** at 3pm. For dates of the other Lent Reconciliation Services in the Worthing Deanery, please see the notice by the water stoop.

EXPOSITION AND BENEDICTION

This weekend we will be exposing the Blessed Sacrament at the beginning of the Service of Reconciliation and Benediction will be at the end of the Service. In this we will be joining the Bishops of England and Wales in praying for a culture of life in our country.

MEAL OF PREPARATION

Please join us on **Monday 30 March** for an evening of prayer and reflection followed by a meal in preparation for the Three Days of Holy Week, Easter Vigil and Easter Sunday. Starts 6pm in the Parish Hall. All welcome. Vegetarian option available. Please let Deacon Mark know if you wish to attend.

THE CHRISM MASS - Wednesday 1 April, 6pm, Arundel Cathedral

People from across our diocesan family of faith are invited to join members of clergy at the annual Chrism Mass – one of the most beautiful Masses of the year, celebrated in Catholic cathedrals across the world in Holy Week. All are welcome.

GOOD FRIDAY

The Ecumenical Walk of Witness will take place at 10am starting at All Saints, Anglican church in Findon Valley ending at St Peter's in High Salvington.

Children's Stations of the Cross: we warmly invite all our children and young people to join us at 11am on Good Friday for the Children's Stations of the Cross.

NEW CATHOLICS AT EASTER

Please pray for those to be baptised at Easter and those to be received into Full Communion in the church during the Easter Vigil. Pray for them as they continue their journey of faith in the years ahead.

FILMS FOR HOLY WEEK

The Diocese has created three short films to accompany people across our family of faith through Holy Week.

- You can watch an introduction to **Holy Week** by Canon Kieron O'Brien here: vimeo.com/1176144932
- In the second film, Canon Jonathan Martin explores the **Good Friday Liturgy**. You can watch Good Friday's film here: vimeo.com/1176142344
- The third film, presented by Fr Jonathan How, explores the wonder of the **Easter Vigil**. You can watch here: vimeo.com/1176140606

EASTER POSTERS – KSC

The Knights of St Columba are once again pleased to provide Holy Week Posters, please feel free to take one and display as you wish.

"THE PROMISE OF THE FATHER"

Grow Your Life in the Holy Spirit – 14 April to 2 June

Seven life-changing weekly seminars, Tuesdays at 7:30pm. Join in person at Redhill, view online with others at the Worthing Deanery Hub, St Mary of the Angels, 58 Crescent Road, Worthing, BN11 1RQ or online at home. For more info, see poster on noticeboard or visit www.abcharismatic.org/the-promise-of-the-father-2026

NEW WORTHING PARISH

The planning for our new Worthing Parish continues. For the latest information visit the link on our website home page or visit www.catholicparishofworthingandlancing.co.uk/our-new-parish/

ST MICHAEL'S MEN CURRY AND FISH AND CHIP NIGHT

Men's Curry and Fish and Chip night at St Michael's, all men of the parish are welcome to join us in the Hall at 19.00, **Friday 17 April**. Bring your own favourite drink. If you would like to come please contact Richard McGuire, 07584733049, email richard.g.mcguire1973@gmail.com

EASTER FUNDRAISING

There will be raffle tickets and Easter items on sale, proceeds to Parish funds. Raffle to be drawn after 9.30am Palm Sunday Mass. Payment may be made in cash, or by card either using the card reader in the foyer or via the donate button on our website.

EASTER OFFERING FOR FR CHRIS

Your Easter offering for Fr Chris next weekend is eligible for Gift Aid. For cash and cheques please use the white 'one off' Gift Aid envelope available in the foyer. Alternatively you may wish to make a card donation using our digital collection plate located in the foyer or by using the 'Donate' button on our website [here](#) please take a few moments to complete the Gift Aid section.

RETIRING COLLECTION

There is no retiring collection this weekend. There will be a special collection on Good Friday for the Holy Places. Next weekend's Easter offering, your gift to Fr Chris, is eligible for Gift Aid.

Scan this code to make an Offertory, General or 'second collection' donation to St Michael's

